

OUHSD RETIREES' ASSOCIATION

<http://www.ouhsdra.org>

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SUMMER 2018 NEWSLETTER

This issue of our newsletter is going to focus on medical and insurance issues and the Retiree Health Benefits Trust. No cute graphics or fancy fonts. Just the facts, as they used to say on Dragnet. We will resume our regular format in the fall, including the Retiree Spotlight, which will feature Tom Kiddie.

NEW DISTRICT ASSISTANT SUPERINTENDENT

The OUHSD has hired a new Assistant Superintendent of Business Services. Jeff Weinstein is the third person to hold this position since we founded this association. Two members of the Association Medical Benefits Committee, Tom McCollum and Denise Barnett, met recently with Mr. Weinstein and two members of the CSEBO staff. The chief focus of the meeting was to plan the annual Health Fair. Retirees who live locally will be receiving a letter from Mr. Weinstein inviting them to this event. Details are on page 2 of the newsletter. Mr. Weinstein is the district administrator responsible for overseeing benefits, just as his predecessors were. The District has changed its e-mail addresses. His e-mail address is jeff.weinstein@oxnardunion.org.

MEDICARE NEWS

New Cards: CSEBO has informed us that all existing California Medicare beneficiaries should have received their new Medicare cards by now. This of course does not include new enrollees. Remember to keep the card in a safe place. Those of you who were on Medicare when the District changed our insurance in 2013 will certainly remember the confusion that resulted when we were placed on the Medicare Advantage Plan. If you are on a Medicare Advantage plan, your medical providers do not bill Medicare directly, so they do not need to see your Medicare card, no matter what they say. If they insist, refer them to the Customer Care phone number on the back of your insurance card.

Medicare Information Meeting: See page 3 of this newsletter for information on a Medicare information meeting being offered by CSEBO in Camarillo in October. These meetings are generic for employees from all the districts included in CSEBO. Remember that the OUHSD is one of the few districts that still has retirees who can receive lifetime benefits, so some of the information given at these meetings is not pertinent to us. In the meeting with Mr. Weinstein mentioned earlier, he stated that he is open to meetings geared specifically to OUHSD retirees and potential retirees. Stay tuned.

Part D reimbursement: OUHSD will reimburse any retiree who is being charged for his or her Medicare Part D prescription plan. Remember this is Part D only, not A or B. The reimbursement form is available on our website, address at the top of the newsletter.

ANNUAL HEALTH FAIR - MARK YOUR CALENDAR

DATE: **Friday, September 7, 2018**

LOCATION: OUHSD District Office
Building D (where the Board meets)
220 S. "K" Street
Flu shots - Board Room (no shots for Kaiser insurees*)
****Insurance reps,** etc. - Oxnard and Hueneme Rooms

TIME: 9:00 – 11:30 a.m.

****Important notice: - We have been informed by CSEBO that Kaiser will not have the flu shot vaccine available for either retirees or active employees at this time. If you are insured by Kaiser, you will not be able to get a flu shot at our health fair. However, Kaiser will have representation in the Oxnard/Hueneme rooms.***

Patsy Thomas will make a brief presentation about Medicare Part D reimbursement at 9:00 in the Oxnard-Hueneme rooms.

Orange juice and cookies in the shot room, coffee and water in the Oxnard Hueneme rooms. Provided by OUHSD.

**Representatives scheduled to be present: Kaiser, Anthem, Delta Dental, VSP (Vision), Ventura County Council on Aging (Medicare experts). You will be able to meet individually with these representatives. The "body composition analyzer" scale that measures "fat, muscle and total body water" (InBodyTest) will again be available. This gives you a more detailed picture of your health than the traditional BMI measurement does. It was very popular last year once people realized the scale is screened off. Kaiser reps will have information available on their new gym membership program which is apparently similar to Anthem's Silver Sneakers.

We know that you can receive a free flu shot at your local pharmacy or from your doctor. However, where can you get a needle in your arm while at the same time getting to visit with your friends and co-workers? If you are local or will be in town on September 7th, come to the Health Fair. You don't have to get the shot if you don't want to, but there will be plenty of information available.

On the next page is the form that CSEBO provided us that must be filled out for those receiving a flu shot at the Health Fair. You can print it out, fill it out in advance, and bring it with you to save time, or you can take care of it when you get there. Remember this is not for Kaiser insurees. Those of you who are out of the area can probably use it if you get your shot at Rite Aid.

On page 4 is the information on the CSEBO Medicare information meeting in October. Please note that you need to RSVP if you plan to attend. It is also being held later in the day than the previous meeting to accommodate those who are still working, so it may fill up.



With us, it's personal.

Medicare # _____ Other 3rd Party ID# _____ Cash

Screening Questionnaire, Consent and Physician Fax Form

Patient Information: (Patient to complete*)

*Patient Name: _____ *Date of Birth: _____ *Phone# _____

*Address: _____ *City: _____ *State: _____ *Zip: _____

*Gender: M or F *Primary Doctor: _____ *Dr. Phone: _____

* Alt Doctor: _____ *Dr. Phone: _____

*Which vaccine(s) would you like to receive today? _____

*Medical Conditions: _____ *Enter Weight if less than 110 lbs: _____

Pharmacy Use Only

Dr Fax: _____

Rite Aid Associate # _____

Dear Doctor: Today the above patient was vaccinated with the following immunizations at our store, please retain for your records.

<input type="checkbox"/> Influenza injectable	VIS Date: _____	<input type="checkbox"/> Meningococcal	VIS Date: _____	<input type="checkbox"/> Zoster (Shingles)	VIS Date: _____
<input type="checkbox"/> Pneumococcal	VIS Date: _____	<input type="checkbox"/> Td	VIS Date: _____	<input type="checkbox"/> Tdap	VIS Date: _____
<input type="checkbox"/> Hepatitis B	VIS Date: _____	<input type="checkbox"/> Hepatitis A	VIS Date: _____	<input type="checkbox"/> Hepatitis A & B	VIS Date: _____
<input type="checkbox"/> HPV	VIS Date: _____	<input type="checkbox"/> MMR	VIS Date: _____	<input type="checkbox"/> Influenza Nasal	VIS Date: _____
<input type="checkbox"/> Varicella	VIS Date: _____	<input type="checkbox"/> DTaP:	VIS Date: _____	<input type="checkbox"/> Hib:	VIS Date: _____
<input type="checkbox"/> IPV:	VIS Date: _____	<input type="checkbox"/> Other:	VIS Date: _____	<input type="checkbox"/> Other:	VIS Date: _____



Date VIS was given to patient: _____

Date VIS was given to patient: _____

Lot # _____

Lot # _____

Exp Date: _____

Exp Date: _____

Site LA or RA (Circle one)

Site LA or RA (Circle one)

Signature of pharmacist who administered Vaccine(s): _____ License #: _____ Date: _____

The information transmitted in this FAX contains Confidential Patient Information which is legally protected under HIPAA legislation. Any retransmission, dissemination or other use of this information by persons other than the intended recipient is prohibited. If this information was received in error, please immediately notify us and return the original message to us at the above address.

As always, if you have any questions regarding your medical plan, first please call the customer service number on the back of your medical card. If after speaking to your insurance company you still have an issue, you may call the Association phone number to leave a message or email a member of the medical committee.

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RETIREES' HEALTH BENEFITS TRUST

The OUHSD Board of Trustees is holding a study session on the Trust at their regularly scheduled meeting on August 29th. Although the agenda for the meeting is not yet set, it is anticipated that the study session will begin around 6:00 – 6:30 p.m., after the Board returns from Closed Session. Since this is a regular board meeting, this is not an audience participation event, but speakers will be accommodated during the regularly scheduled public comment portion of the agenda. It is not anticipated that there will be any action items regarding the Trust at this meeting, but everyone is welcome to attend.

We just learned late Monday afternoon that the **next Trust meeting** is scheduled for **2:00 p.m.** on **Wednesday, August 22nd** in the Board of Trustees meeting room at the District Office. The agenda includes possible discussion of the Grand Jury report and our Association's letter from our attorney. As always, this is a public meeting and you are welcome to attend.

WE NEED HELP

It has been a little over 5 years since a small group of retirees began organization our Retiree Association. The Leadership Committee consists of 12 people who do all the work. We send representatives to every single Board of Trustees meeting, Trust meeting, and CSEBO meeting. We organize and hold the annual meeting and the annual health fair. We maintain the membership database and send quarterly newsletters, as well as other important announcements. We could use some help. If you are interested, please call our phone number listed at the top of this newsletter and let us know. Thank you.

